

1. Academic Qualifications

Doctor of Physiotherapy (2003, LaTrobe University, Bundoora)
Master of Health Science (1996, LaTrobe University, Bendigo)

Topic for Doctoral Thesis: 'Exercise performance in older people with osteoarthritis: Relationships between exercise adherence, correctness of exercise performance and associated pain'. Supervisor: Professor Meg Morris.

Topic for Master's Thesis: 'Rehabilitation of the patient with Chronic Obstructive Pulmonary Disease'. Supervisor: Dr Jack Smith.

6. Publications

6.1 Edited Books

2004 Morris ME and Schoo AMM. 'Optimizing exercise and physical activity in older people'. Elsevier Science, Oxford, UK (*Evidence-based book*). [50%; colleague]

6.2 Book Chapters

In print Schoo AMM, Taylor N, Niere K. 'Case studies in musculoskeletal outpatient setting'(Chapter 8). In: 'Clinical case studies in physiotherapy, a guide for students and graduates'. Elsevier Science, Oxford: UK (*Book chapter*). [60%; colleagues]

2004 Schoo AMM and Morris ME. 'Introduction.' In: 'Optimizing exercise and physical activity in older people'. Eds: Morris ME and Schoo AMM. Elsevier Science, Oxford: UK (*Book introduction*). [65%; colleague]

2004 Schoo AMM and Morris ME. 'Physical activity and exercise in older people with osteoarthritis.' In: 'Optimizing exercise and physical activity in older people'. Eds: Morris ME and Schoo AMM. Elsevier Science, Oxford: UK (*Book chapter*). [80%; colleague]

6.3 Refereed journal publications

6.3.1. Allied Health Workforce Enhancement

Accepted Schoo AMM, Boyce R, Ridoutt L, Santos T. 'Workload capacity measures for estimating allied health staffing requirements'. Australian Health Review (*Research report*). [35%; colleagues]

Accepted Doherty G, Stagnitti, K., Schoo, A. From student to therapist: Follow-up of a first cohort of bachelor of occupational therapy students. Australian Occupational Therapy Journal. (*Research report*). [10%; colleagues]

Accepted O'Toole K, Schoo AMM, Stagnitti KE, Cuss K. 'Rethinking policies for the retention of allied health professionals in rural areas: A social relations approach', Health Policy (*Research report*). [30%; colleagues]

Accepted Schoo AMM 'Leaders and their teams: Learning to improve performance with emotional intelligence and using choice theory'. The International Journal of Reality Therapy, Vol 27, No 2 (Spring edition, 2008) (*Review*). [100%]

2008 Schoo AMM, Stagnitti K, McNamara K. 'The evolution of a state-wide continuing education programme for allied health professionals' International

- Journal of Therapy and Rehabilitation, Vol 15, pp.60-66 (*Research report*). [70%; colleagues]
- 2006 Stagnitti K, Schoo A, Reid C and Dunbar J. 'An exploration of issues of management and intention to stay: Allied health professionals in South West Victoria, Australia'. Journal of Allied Health, Vol 35, pp.226-232 (*Research report*). [40%; colleagues]
- 2005 Schoo AM, Stagnitti KE, Mercer C, Dunbar J. A conceptual model for recruitment and retention: Allied health workforce enhancement in Western Victoria, Australia. *Rural and Remote Health* 5 (online: <http://rrh.deakin.edu.au>), 477 (*Review*). [70%; colleagues; on 18 January 2008 the article was accessed 1316 times]
- 2005 Stagnitti, K., Schoo, A., Reid, C. and Dunbar, J. 'Retention Issues of Allied Health Professionals in the South West of Victoria: A Report'. Aust J Rural Health, Vol. 1, pp.364-365 (*Research report*). [25%; colleagues]
- 2005 Stagnitti, K., Schoo, A., Reid, C. and Dunbar, J. 'Access and attitude of rural allied health professionals to continuing professional development and training'. International Journal of Therapy and Rehabilitation, Vol. 12(8), pp.355-361 (*Research report*). [40%; colleagues]

6.3.2. Physical Activity and Exercise, and Enhancing Motivation

- Accepted De Angelis C, Bunker S, Schoo AMM. 'An exploration of the barriers and enablers to attendance at rural cardiac rehabilitation programs.' Australian Journal of Rural Health, Vol 16, (*Research Report*). [33%; colleagues]
- Accepted Schoo AMM 'Motivational interviewing in the prevention and management of chronic disease: Improving physical activity and exercise in line with choice theory' International Journal of Reality Therapy, Vol 27, No 2 (Spring edition, 2008) (*Review*). [100%]
- 2008 Vaughan C, Kilkkinen A, Philpot B, Brooks J, Schoo A, Laatikainen T, Chapman A, Janus ED, Dunbar JA. 'Physical activity behaviours of adults in the Greater Green Triangle region of rural Australia'. Australian Journal of Rural Health, Vol 16, pp. 92-99 (*Research Report*). [10%; colleagues]
- 2007 Kolt KS, Brewer BW, Pizzari T, Schoo AMM, Garrett N. 'The Sport Injury Rehabilitation Adherence Scale: A reliable scale for use in clinical physiotherapy'. Physiotherapy, Vol 93, pp.17-22 (*Research report*). [25%; colleagues]
- 2005 Schoo AMM 'Reality therapy and the human energy field: Working with needs that influence mind and body'. International Journal of Reality Therapy, Vol 24, No 2 (Spring edition), pp.15-22 (*Review*). [100%]
- 2005 Schoo AMM, Morris ME and Bui QM. 'Predictors of home exercise adherence in older people with osteoarthritis'. Physiotherapy Canada, Vol. 57(3), pp.179-187 (*Research report*). [50%; colleagues]
- 2005 Schoo AMM, Morris ME and Bui, QM. 'The effects of mode of home exercise instruction on correctness of exercise performance and exercise adherence in older people'. Physiotherapy (UK), Vol 91(2), pp. 79-86 (*Research report*). [50%; colleagues]
- 2004 Schoo AMM, Morris ME and Bui QM. 'Influence of home exercise performance, concurrent physical activity and analgesics on pain in people with osteoarthritis'. New Zealand Journal of Physiotherapy, Vol.32, Nr 2, pp.17-25 (*Research report*). [50%; colleagues]

- 2003 Schoo AMM and Morris ME. 'The effects of mode of exercise instruction on correctness of home exercise performance and adherence'. *Physiotherapy Singapore*, Vol 6(2), pp.122-9 (*Systematic review of the literature: Included in the DARE database - <http://www.york.ac.uk/inst/crd/> Accession number 12004005229*). [67%; colleague]
- 2002 Brewer BW, Van Raalte JL, Kolt GS, Pizzari T, Schoo AMM, Emery K, Hatten SJ. 'Construct validity and interrater agreement of the Sport Injury Rehabilitation Adherence Scale'. *Journal of Sport Rehabilitation*, 11(3), 170-8 (*Research report*).
[15%; colleagues; JIF in 2002: 0.510]
- 1997 Schoo AMM. 'A literature review of rehabilitative intervention for chronic obstructive pulmonary disease patients'. *Australian Health Review*, 20(3), 120-32 (*Review*). [100%]
- 1985 Schoo AMM and Faulkner C. 'Injury Rates in Non-Professional Football and Soccer'. *Australian Journal of Physiotherapy*, 31(6), 242-3 (*Review*).
[80%; colleague; JIF 2002-2004: 0.771]

6.3.3 Invited Articles and Book Reviews

- Accepted Schoo AMM 'PD at your doorstep: Learning your way'. *Physiotherapy in Motion* (Australian Physiotherapy Association), April. [100%]
- 2006 Schoo AMM, Ridoutt L, Santos T. 'Measuring allied health workload capacity: A brief report'. *Occupational Therapist*, August Issue, pp.5-6 (*Feature article - Short research report*). [33%; colleagues]
- 2006 Schoo AMM. 'Measurement issues in aging and physical activity' *SportsPhysio* (Sports Physiotherapy Australia), Issue 2 (June - Theme: "The Ageing Athlete"), p.33 (*Book review*). [100%]
- 2006 Schoo A. 'Attracting and retaining physios' *Business in Practice* (Australian Physiotherapy Association), February, pp.12-15 (*Feature article - Review*). [100%]

6.4 Un-refereed Publications

- Accepted Schoo AMM 'State-wide allied health workforce education and training: Equity of access and building rural workforce capacity'. *Occupational Therapist*, April Issue, [100%]
- 2007 Schoo Adrian 'State-wide continuing allied health education at every professional's doorstep: Building rural workforce and health service capacity'. *Physiotherapy in Motion* (Australian Physiotherapy Association), May. [100%]
- 2004 Schoo AMM. 'Overseas exchange opportunity for rural Victorian physiotherapists', *Physiotherapy in Motion* (Australian Physiotherapy Association), July/August, p.23. [100%]
- 2004 Schoo Adrian. 'New physiotherapy role in rural Victoria' *Physiotherapy in Motion* (Australian Physiotherapy Association), April, p.23. [100%]
- 1998 Schoo AMM. 'The Health System: Can its outcome be improved?' *Australian Massage Magazine*, January, pp.31-3 (*Review*). [100%]
- 1998 Schoo AMM. 'Musculoskeletal Imbalance'. *Australian Massage Magazine*, July, pp.27-30 (*Review*). [100%]
- 1983-1999 Schoo AMM. Articles on health issues (local magazines and newspapers). [100%]

- 1977 Schoo AMM. 'Zijn wij op de goede weg?' Nederlands Tijdschrift voor Geneeskunde, October (*Letter to the editor*). [100%]

6.5 Conference Proceedings

6.5.1. Allied Health Workforce Enhancement

- 2006 Schoo AMM, McNamara K, Stagnitti KE, Dunbar JA. 'Educational needs of rural physiotherapists, the development of Continuing Professional Development, and the effect on perceived clinical skills' The National SARRAH Conference 'Building Bridges, Crossing Borders', Albury, 13-16 September 2006
http://www.ruralhealth.org.au/conferences/sarra2006/docs/program/school.pdf (Research: Platform presentation & proceedings). [50%; colleagues]

6.5.2. Physical Activity and Exercise

- 2000 Schoo AMM and Kolt GS. 'The importance of adherence to physical activity in rural health management'. Infront Outback conferences, National Rural Health Alliance, Toowoomba (*Review - platform presentation & proceedings*). [90%; colleague]
- 2000 Schoo AMM and Kolt GS. 'Theoretical and practical adherence issues pertinent to exercise prescription in the management of osteoarthritis'. Infront Outback Conferences, National Rural Health Alliance, Toowoomba (*Review - platform presentation & proceedings*). [90%; colleague]

6.6 Commissioned Papers and Reports

- 2008 Kendall S, Ridoutt L, Schoo AMM, Gamble K 'Allied Health Re-entry Research Project' (*DHS research report*). [25%; colleagues]
- 2007 Dunbar JA, Reddy P, McAvoy BR, Carter RC, Schoo AM, Colgan, SJ, Weller DP, Torneus I. 'The contribution of approaches to organisational change in optimising the primary care workforce' (*Systematic review, using meta-narrative mapping. Report for Australian Primary Health Care Research Institute*). [10%; colleagues]
- 2006 Ridoutt L, Schoo AMM, Santos T. 'Workload capacity measures for allied health – Final report'. Human Capital Alliance, Sydney (*DHS research report*). [33%; colleagues]
- 2005 Schoo, AMM 'Business Plan for the Introduction of a Graduate-Entry Physiotherapy Program at Deakin University'. Deakin University, Burwood, 31 March. [100%]
- 2005 Schoo AMM, Stagnitti KE, Mercer C, Dunbar J. 'Allied health workforce enhancement in Western Victoria: A concept for recruitment and retention' (*DHS Project report*). [85%; colleagues]
- 2002 Morris M, Schoo A, et al. 'A systematic review of the effectiveness of physiotherapy, occupational therapy and speech pathology for people with multiple sclerosis'. In: 'Therapy outcomes for adults with lifelong neurological disabilities'. Morris M, Perry A and Duckett S. Bundoora, La Trobe University (*DHS report*). [50%; colleagues]
- 2002 Schoo A, Morris M, et al. 'A systematic review on the effects of physiotherapy, speech pathology and occupational therapy for adults with muscular dystrophy'. In: 'Therapy outcomes for adults with lifelong neurological disabilities'. Morris M, Perry A and Duckett S. Bundoora, La Trobe University (*DHS report*). [50%; colleagues]

6.7 Minor Reports

- 2007 Heistero S, Vaughan C, Schoo A . Physical activity. In: ‘Greater Green Triangle risk factor study’. Heistero S, Janus E, Dunbar J, Laatikainen T, Kilkkinen A. Warrnambool, Greater Green Triangle University Department of Rural Health.
[20%; colleagues]
- 2005- Involvement (as supervisor or co-supervisor) in PHC RED bursary holders reports: ‘Evaluating the effectiveness of Falls Programs in the Community Health Setting’, ‘Community Southwest: Identifying and Building Regional Research Capacity’, ‘Barriers to uptake and completion of cardiac rehabilitation in south west Victoria’, ‘Establishing best practices for the electronic transfer and usage of Patient Information’, and ‘Addressing podiatry and dentistry needs in south west Victoria’.

9. Conference Presentations (refereed abstracts)

9.1. (Allied Health) Workforce Enhancement

- Accepted Schoo AMM, O’Toole K. ‘Continuing education needs: A comparison between physiotherapists and other allied health professionals in Victoria’. APA National Congress ‘*Achieving the Vision*’, Perth, 23-24 May 2008.
- 2007 Dunbar JA, Reddy P, Schoo A. ‘Chronic disease management: Improving general practice performance in five countries’. The 5th Health Services & Policy Research Conference, Auckland.
- 2007 Schoo AMM, O’Toole K, Stagnitti KE, Cuss K. ‘Social relations and rural allied health workforce retention: Implications for policies and organisational management’, 7th National Allied Health Conference, Hobart, 18-20 July 2007 [http://proceedings.com.au/nahc/presentations%20\(pdf\)/fri_schoo.pdf](http://proceedings.com.au/nahc/presentations%20(pdf)/fri_schoo.pdf) (*Platform presentation & proceedings*) [35%; colleagues].
- 2007 Schoo AMM, McNamara KP, Stagnitti KE, Dunbar JA. ‘Implementation of needs-based interactive continuing education for rural physiotherapists with enhanced access: A case study’, World Congress of Physical Therapy, Vancouver, 3-6 June 2007 (*Research Poster*). [70%; colleagues]
- 2006 Schoo AMM, Stagnitti KE, McNamara K, Dunbar JA. ‘A systematic approach to learning aimed at graduate physiotherapists practicing in South West Victoria’. Deakin Annual Teaching and Learning Conference, Geelong, 30-31 October 2006 (*Research: Platform presentation & proceedings*). [70%; colleagues]
- 2006 Dunbar JA, Schoo AMM, Mercer C. ‘Rural dental workforce enhancement: The establishment of a sustainable interprofessional model’ The National SARRAH Conference ‘Building Bridges, Crossing Borders’, Albury, 13-16 September 2006
http://www.ruralhealth.org.au/conferences/sarrah2006/docs/program/schoo2_ppt.pdf (*Research: Platform presentation & proceedings*). [45%; colleague, PHC RED bursary holder]
- 2006 Mercer C, Schoo A, Dunbar J. ‘An evidence-based approach to podiatry workforce enhancement and service provision in western Victoria’, 2006 GP & PHC Research Conference: Optimising Impact, Perth, 5-7 July 2006 (*Research: Platform presentation & proceedings*). [45%; colleague, PHC RED bursary holder]

- 2006 Schoo AMM, McNamara K, Stagnitti KE, Dunbar J. 'The effect of a tailored CPD program on perceived clinical physiotherapy skills in south west Victoria', Australian Physiotherapy Association, 2006 National Congress, Melbourne, 26-27 May 2006 (*Research: Poster presentation & proceedings*). [70%; colleagues]
- 2006 Mercer C, Schoo A, Dunbar J. 'Addressing podiatry shortages in western Victoria', VHA 2nd Rural Health Conference, Ballarat, 19-21 April 2006 (*Research: Platform presentation & proceedings*). [45%; colleague, PHC RED bursary holder]
- 2005 Schoo AMM, Stagnitti KE, Mercer C, Dunbar J. 'Allied health workforce enhancement in Western Victoria: A concept for recruitment and retention' at 'Evidence and Excellence: Regional Allied Health at its Best', Swan Hill, 21 March (*Platform presentation*). [70%; colleagues]

9.2. Physical Activity and Exercise

- 2007 De Angelis C, Bunker S, Schoo AMM 'An exploration of barriers and enablers to participate in cardiac rehabilitation in rural Victoria, Australia' World Congress of Physical Therapy, Vancouver, 3-6 June (*Research: Platform presentation & proceedings*). [45%; colleagues, PHC RED bursary holder]
- 2006 De Angelis C, Bunker S, Schoo A, Dunbar J. 'Cardiac rehabilitation in south west Victoria: factors influencing attendance', 2006 GP & PHC Research Conference: Optimising Impact, Perth, 5-7 July 2006 (*Research: Poster presentation & proceedings*). [45%; colleagues, PHC RED bursary holder]
- 2005 De Angelis C, Bunker S, Schoo AMM, Reddy P, Dunbar J, Boak R. 'Enhancing uptake and completion of cardiac rehabilitation in south west Victoria'. GP Conference, Adelaide, July 2005 (*Research: Poster presentation*). [45%; colleagues, PHC RED bursary holder]
- 2005 Schoo AMM, Bunker S, Reddy P, Dunbar J, Boak R, De Angelis C. 'Enhancing uptake and completion of cardiac rehabilitation in south west Victoria'. VHA Rural Health Conference, Beechworth 18-20 May 2005 (*Research: Platform presentation & proceedings*). [60%; colleagues, PHC RED bursary holder]
- 2003 Schoo AMM, Morris ME and Bui QM. 'Optimising home exercise adherence and pain relief in people with osteoarthritis of knees or hips', 2nd National Gerontology Conference, Brisbane (*Research: platform presentation & proceedings*). [50%; colleagues]
- 2003 Schoo AMM, Morris ME and Bui QM. 'The effects of instruction methods on home exercise performance in people with lower limb osteoarthritis', 2nd National Gerontology Conference, Brisbane (*Research poster presentation*). [45%; colleagues]
- 2001 Kolt GS, Pizzari T, Schoo AMM, Brewer B. 'The Sport Injury Rehabilitation Adherence Scale: A reliable and valid measure of clinic-based injury rehabilitation'. 10th World Congress of Sport Psychology (*Research platform presentation*). [25%; colleagues]
- 2000 Schoo AMM and Kolt GS. 'Physiotherapy and adherence to exercise in health management'. The Sixth International Physiotherapy Congress, Canberra (*Review - platform presentation & proceedings*). [90%; colleague]

1999 Schoo AMM and Kolt GS. 'Adherence to rehabilitation: The link with outcome'. Conference of the Australian Physiotherapy Association 'Moving in on Occupational Injury', Cairns (*Review - platform presentation & proceedings*). [90%; colleague]

9.3 Research Capacity and Best Practice

2007 Brady C, Boak R, Schoo AMM. 'Rural Primary Health Care Workers and Research: What is their present capacity?' 2007 GP & PHC Research Conference, May 2007. [15%; colleague, PHC RED bursary holder]

2006 Walsh C, McNamara K, Schoo A. 'The need for best practice standards in electronic governance of patient medical records to facilitate innovation', 2006 GP & PHC Research Conference: Optimising Impact, Perth, 5-7 July 2006 (*Research: Poster presentation & proceedings*). [25%; colleague, PHC RED bursary holder]

2006 Walsh C, McNamara K, Schoo A. 'Maintaining privacy in an electronic age: issues for electronic governance', VHA 2nd Rural Health Conference, Ballarat, 19-21 April 2006 (*Research: Platform presentation & proceedings*). [25%; colleague, PHC RED bursary holder]